



Teambuilding with Your Peers and Family Teacher Pacing Guide

This unit was developed with Social Emotional Learning Competencies and 21st Century Skills in mind. The activities in this unit provide opportunities for students to problem-solve and learn about communication skills, leadership, and collaboration.

These activities are listed in their recommended order, categorized by Beginner, Intermediate, and Advanced, in regards to the difficulty level. Each activity is designed to stand on its own, but can be paired with any additional activities in the unit. Students may utilize family members and/or close-by peers/friends to participate in the activities that require a team.

Lesson Titles	Grade Levels	Social Emotional Learning Competencies & 21 st Century Skills	Timing	Format	Activity Description	Suggestions for differentiation
Beginner						
Sit-Spot Pen Pals	All grades	SEL & 21st Century Skills: Critical Thinking, Creativity, Collaboration, Communication, Technology Literacy, Social Skills	10-20 min/day (for one week)	Written Activity Guide	Students will use their observation skills to take notes on a secret sit-spot for one week. They will then try to guess each other's sit-spots.	Younger students can complete this activity with guidance from an adult.
Bagels	2nd & up	Critical Thinking, Collaboration, Communication, Flexibility, Leadership, Initiative, Productivity, Social Skills	10-40 min	Written Activity & Instructional Video	Students will use problem-solving and communication to solve a partners' puzzle.	There are two versions of this game - one with numbers and one with objects. Younger students can use objects in place of numbers.
SNJ Jeopardy	6th-8th	Collaboration, Communication, Media Literacy, Technology Literacy, Flexibility, Leadership, Initiative, Social Skills	30-45 min	Written Activity Guide	Students will use the link provided to access the Online Jeopardy Game that asks questions about ecology, biology, earth's spheres, more.	This tool can be used to review science material that was learned in the classroom earlier in the year.
Intermediate						
Tarp Launch	All grades	Critical Thinking, Creativity, Collaboration, Communication, Flexibility, Leadership, Initiative, Social Skills	20-30 min	Written Activity Guide	Using a tarp to launch an object into the air, students will work together with their team to catch the object as it comes back down.	Both the number and types of objects used can vary, making the activity easier or harder.
Tarp Flip	All grades	Critical Thinking, Creativity, Collaboration, Communication, Flexibility, Leadership, Initiative, Social Skills	30 min	Written Activity Guide	Standing on a tarp on the ground, students will use problem-solving to get their entire team to flip over the tarp and stand on the other side.	The tarp or blanket used for this activity may be folded in half to make the activity more difficult. Using a larger tarp or blanket will make the activity easier.
Floating Fingers	All grades	Creativity, Collaboration, Communication, Flexibility, Leadership, Initiative, Social Skills	10-15 min	Written Activity Guide	Students will use communication and planning to lower an object to the ground with their team, using only one finger each.	The difficulty of this activity can be lessened by using a smaller, lighter object.



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Advanced						
Vision-Blocked Shapes	All grades	Critical Thinking, Creativity, Collaboration, Communication, Flexibility, Leadership, Initiative, Social Skills	20-30 min	Written Activity Guide	Students will use collaborative teamwork to create a shape using a length of rope while vision-blocked by an eye covering, such as a bandanna.	The difficulty of this activity can be altered by choosing a different shape to create while vision-blocked.
Hot Chocolate River	All grades	Critical Thinking, Creativity, Collaboration, Communication, Leadership, Initiative, Social Skills	30-40 min	Written Activity Guide	Students will use problem-solving and communication to cross an imaginary hot chocolate river with their team, using only "marshmallows" to cross.	The difficulty of this activity can be altered by using more (easier) or less (harder) "marshmallows".
Mystery Object	All grades	Critical Thinking, Creativity, Collaboration, Communication, Leadership, Social Skills	10-15 min	Written Activity Guide	Students will get creative with their communication skills to help a teammate locate and identify an object while vision-blocked by an eye covering, such as a bandanna.	Students can choose smaller, more obscure "mystery" objects to make this activity more difficult. Having more participants also makes this activity more difficult.
Town Hall	4th & up	Critical Thinking, Collaboration, Communication, Flexibility, Leadership, Initiative, Social Skills	60-90 min	Written Activity Guide	Students will role-play different characters, using critical thinking, communication, and collaboration to engage with one another in a town hall meeting scenario.	Younger students may benefit from having an adult help them to formulate their thoughts and opinions before beginning the town hall meeting.