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Teambuilding with Your Peers & Family Mystery Object

Estimated Time: 10 - 15 minutes

Age range: All grades

What you need: two or more participants, bandanas or other objects

to block vision

Background:

This activity will require you to trust a partner (or two), and accomplish tasks with limited senses. Before you begin, make sure that everyone involved is comfortable being vision-blocked. This activity can be done with either two or three people. The basics of the game remain the same, but are slightly different with a third person.

Goal:

The goal in the game is for a vision-blocked participant to find and identify a random object, while following directions from their partner.

See the instructions on the next page to get started.

New Words or Adult Tips

If you can, try to do this activity in an open space!

Make sure to direct the vision-blocked person so that they do not bump or trip into anything.

With 3 people, the Actor and the Speaker may want to practice their lefts and rights—it can get confusing!

An **observation** is something you notice using one or more of your five senses: sight, sound, touch, hearing, or smell.

When a person is **vision-blocked**, their eyes are covered with a piece of cloth to prevent them from seeing.



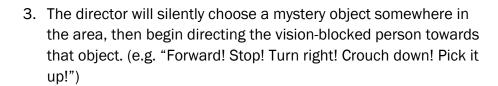
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Mystery Object Activity

Instructions:

With Two People Available

- 1. Decide who would like to be vision-blocked first and who would like to give directions first. Using a bandana or other material, block the vision of the designated person.
- 2. The director will help spin the vision-blocked person around three times.



The director may not touch the vision-blocked person. They must direct using only their words.

- 4. Once the object has been retrieved, the vision-blocked person must use touch, smell, and hearing to make **observations** and try to guess what the object is.
- 5. Switch roles, choose a new object, and repeat!

With Three People Available

- 1. Choose one person to be vision-blocked, one person to speak (Speaker), and one person to act (Actor). Using a bandana or other materials, block the vision of the designated person.
- 2. The Speaker must stand between their two partners, facing the Actor and with their back towards the vision-blocked person.
- The Actor will silently choose an object in the area, then use motions to act out directions for the visionblocked person to find that object.
- The Speaker will translate the Actor's motions into words, and the vision-blocked person will follow their directions.



- 5. Once the object has been retrieved, the vision-blocked person must use touch, smell, and hearing to make **observations** and try to guess what the object is.
- 6. Switch roles, choose a new object, and repeat!









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Mystery Object Debrief

Use the following prompts to discuss your experience. Feel free to write down your answers!

Consider the following questions:

How did it feel to b	e vision-blocked?	
How did it feel to g	ve directions or act?	
What was most he	pful to accomplish the common goal? Did you change anything?	
How can we apply	vhat we've learned in our everyday lives?	
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