



Name: \_\_\_\_\_ #: \_\_\_\_\_

## Teambuilding with Your Peers & Family Mystery Object

**Estimated Time:** 10 – 15 minutes

**Age range:** All grades

**What you need:** two or more participants, bandanas or other objects to block vision

### **Background:**

This activity will require you to trust a partner (or two), and accomplish tasks with limited senses. Before you begin, make sure that everyone involved is comfortable being vision-blocked. This activity can be done with either two or three people. The basics of the game remain the same, but are slightly different with a third person.

### **Goal:**

The goal in the game is for a vision-blocked participant to find and identify a random object, while following directions from their partner.

See the instructions on the next page to get started.

### **New Words or Adult Tips**

*If you can, try to do this activity in an open space!  
Make sure to direct the vision-blocked person so that they do not bump or trip into anything.  
With 3 people, the Actor and the Speaker may want to practice their lefts and rights—it can get confusing!*

An **observation** is something you notice using one or more of your five senses: sight, sound, touch, hearing, or smell.

When a person is **vision-blocked**, their eyes are covered with a piece of cloth to prevent them from seeing.

## Mystery Object Activity

### Instructions:

#### With Two People Available

1. Decide who would like to be vision-blocked first and who would like to give directions first. Using a bandana or other material, block the vision of the designated person.
2. The director will help spin the vision-blocked person around three times.
3. The director will silently choose a mystery object somewhere in the area, then begin directing the vision-blocked person towards that object. (e.g. "Forward! Stop! Turn right! Crouch down! Pick it up!")

*The director may not touch the vision-blocked person. They must direct using only their words.*

4. Once the object has been retrieved, the vision-blocked person must use touch, smell, and hearing to make **observations** and try to guess what the object is.
5. Switch roles, choose a new object, and repeat!



#### With Three People Available

1. Choose one person to be vision-blocked, one person to speak (Speaker), and one person to act (Actor). Using a bandana or other materials, block the vision of the designated person.
2. The Speaker must stand between their two partners, facing the Actor and with their back towards the vision-blocked person.
3. The Actor will silently choose an object in the area, then use motions to act out directions for the vision-blocked person to find that object.
4. The Speaker will translate the Actor's motions into words, and the vision-blocked person will follow their directions.



5. Once the object has been retrieved, the vision-blocked person must use touch, smell, and hearing to make **observations** and try to guess what the object is.
6. Switch roles, choose a new object, and repeat!



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## Mystery Object Debrief

Use the following prompts to discuss your experience. Feel free to write down your answers!

Consider the following questions:

**How did it feel to be vision-blocked?**

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**How did it feel to give directions or act?**

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**What was most helpful to accomplish the common goal? Did you change anything?**

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**How can we apply what we've learned in our everyday lives?**

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