



Name: _____ #: _____

Teambuilding with Your Peers & Family Floating Fingers

Estimated Time: 10 – 15 minutes

Age range: All grades

What you need: two or more participants, a rigid lightweight object (e.g. ruler, pencil, hula hoop, board game box, CD, etc.)

Background:

Floating Fingers is an activity that encourages participants to communicate and work together to lower an item to the ground. It is a simple team-building activity that can be modified for use with a number of different household objects.

See the instructions on the next page to get started.

Floating Fingers Activity

Instructions:

Each participant will stand, placing one of their pointer fingers out, palms down. It is best to start with fingers extended at the approximate shoulder height of the shortest participant. The object will be placed on top of all the fingers and everyone must keep their finger in contact with the object at all times. If any fingers come off of the object or the object falls, participants must restart from the top.

Goal:

The goal is to lower the object all the way to the ground, while each participant maintains contact between the item and their finger.

Additional Challenges:

If you master this activity, try it with a different object. See which objects are easier or harder to use than others. You may also try it with different numbers of people (the more people, the more challenging the activity will be).



All fingers in contact with the object

A finger lost contact - start over!



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Floating Fingers Debrief

Once you have completed the activity, discuss how it went using the following questions. Feel free to write down your answers!

Consider the following questions:

Why was it hard to lower the object?

How did you communicate during this activity?

What changes did you need to make to be more successful?
