

“One Fish, Two Fish, Red Fish, Blue Fish!”

This activity is similar to “Red Light-Green Light”. Students are trying to get the “fish” from the instructor, or from a student if the instructor deems it appropriate. Students all start out on a start line and the instructor is positioned at least 20 yards from them, with the “fish” (any object, water bottle etc.) placed on the ground near their feet, on playing field or even an indoor multi-purpose room. When the instructor turns their back the students can begin to move. After a short interval the instructor says “One Fish, Two Fish, Red Fish, Blue Fish!” and then turns to face the approaching students. The students must be frozen by the time the instructor turns to face them. If they are still moving when the instructor turns around, they must go back to the start line. Students slowly work their way to the instructor and attempt to steal the “fish”. Then the students must work together to get the fish back over the starting line. The instructor continues to turn their back, allowing the students to move, then saying “One Fish, Two Fish, Red Fish, Blue Fish!” to freeze the students before turning around to face them. Again if a student is moving when the instructor turns around they must go back to the beginning. All the students must work together to hide the fish, because every time the instructor turns around they are allowed one guess to which student is holding the fish. If the instructor guesses correctly, the fish returns to the instructor’s feet, and the student caught holding the fish must return to the starting line. The fish can never be thrown or kicked, a student must be holding it when it crosses the starting line. Also, the instructor can impose a rule where every student in the group must touch the fish before it crosses the starting line to increase participation.

Materials: An object to use as a fish, and an open playing field

Goals: Teamwork, problem-solving, honesty, leadership

